

Psalm 121

Anthony Ruff, OSB

29th Sunday in Ordinary Time, Year C

Our help is from the Lord, who made heav - en and

Psalm Tone

Mode 3

Psalm 121:1-2, 3-4, 5-6, 7-8. R/ cf. v. 2

1. I lift up my eyes toward the mountains,
whence shall help come to me;
My help is from the LORD,
who made heaven and earth. *R/*
2. May he not stumble his foot to slip;
may he slumber not lest he fall;
indeed he neither slumbers nor falls,
the guardian of Israel. *R/*
3. The LORD is your guardian; the LORD is your shade;
he is beside you at your right hand.
The LORD shall not harm you any day,
nor the moon by night. *R/*
4. The LORD will protect you from all evil;
he will preserve your life.
The LORD will guard you from coming and your going,
now and forever. *R/*