

Psalm 121: Our Help is From the Lord

Todd Mesler, Jr.

Our help is from the Lord, — who made hea - ven and earth.

B \flat m A \flat G \flat A \flat

1. I lift my eyes toward the mountains
2. May he not suffer your foot to slip
3. The LORD is your guardian; the LORD is your shadow
4. The LORD will guard you from all evil

B \flat m Fm

whence shall help come to you?
may he slumber not who guards you:
he is beside you at your right hand.
he will guard your life.

G \flat A \flat

My help is from the LORD,
indeed he neither slumbers nor sleeps,
The sun shall not burn you by day,
The LORD will guard you and your going and coming.

B \flat m Fm

who made hea - ven and earth.
the guardi - an of Israel.
nor the moon by night.
both day and night ever.

G \flat A \flat

Verses used for Designated Feasts / Solemnities

29th Sunday in Ordinary Time (Year C)
Monday of the 34th Week in Ordinary Time (Year II)
Various Needs: For Refugees and Exiles