

Psalm 144: Blessed Be the Lord

Todd Mesler, Jr.

E_b *A_b(add2)* *Cm*

Blessed be the Lord, my Rock! Blessed be the Lord, my

5 *Cm⁷* *A_b*

1. Blessed be the LORD, my rock,
2. My refuge and my fortress,
3. O God, I will sing a new song to you.

7 *B_b* *E_b*

my stronghold, my deliverer,
with a ten-stringed lyre I will praise you.

9 *Cm⁷*

My shield, in whom I trust,
You who give victory to kings,

11 *B_b* *E_b*

who trains my hands for battle, my fingers for war.
who subdues people under me.
and delivers me from the enemy's sword.

SAMPLE

Verses used for Designated Feasts / Solemnities
Wednesday of the 2nd Week in Ordinary Time (Year II)
Thursday of the 3rd Week in Ordinary Time (Year II)
Saturday of the 33rd Week in Ordinary Time (Year II)

Psalm 144: Blessed Be the Lord

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E_b *A_b(add2)* *C_m*

Blessed be the Lord, my Rock! Blessed be the Lord, my

5 *C_m7* *A_b*

1. Blessed be the LORD, my rock,
2. LORD, what is man, that you no - tice

7 *B_b* *E_b*

my mercy and fortress,
the son of man, that you take thought of him?

9 *C_m7*

my stronghold, my deli - ver - er,
Man is like a path;

11 *B_b* *E_b*

My shield, in whom I trust.
his days, living shadow.

Verses used for Designated Feasts / Solemnities
Friday of the 25th Week in Ordinary Time (Year II)