

Blessed Be the Lord, My Rock!

Ps. 144:1b, 2, 9-10 –or– Ps. 144:1b and 2abc, 3-4

Orin Johnson

D A/C# G/B A D

Bless - ed be the Lord, my Rock

3 A D

Blessed be the LORD,

My mercy* and my fortress,
O God, I will sing a new song to you;

my rock,
my stronghold, and deliverer,
my ten-stringed harp, and I will chant your praise,

Blessed be the LORD, my rock,
LORD, what is man, that you notice him?

my mercy and my fortress,
the son of man, that you take thought of him?

5 G/B

who trains my hands for battle,

My shield, in whom I trust,
You who give victory to kings,

my fingers for war.
who subdues my people under me.
deliver David, your servant from the evil sword.

my stronghold, my fortress,
Man is like a breath;

My shield, in whom I trust.
his days, like a passing shadow.

Verses used for designated Solemnities:

- Thursday of the 9th Week in Ordinary Time (Year II) (first set of verses, vs. 1, 2, 3)
- Wednesday of the 10th Week in Ordinary Time (Year II) (first set of verses, vs. 1, 2, 3, and *substitute of "mercy" for "mercy" in vs. 2)
- Saturday of the 33rd Week in Ordinary Time (Year II) (first set of verses, vs. 1, 2, 3)
- Monday of the 25th Week in Ordinary Time (Year II) (second set of verses, vs. 1, 2)